

# HEALING ART TATTOO

## AFTERCARE INSTRUCTIONS

While in the healing process, it is crucial to keep your tattoo out of sunlight and tanning booths; avoid going into pools, the ocean or any chlorinated water to help preserve the tattoo.

Without Saniderm:

- Remove tattoo wrapping as soon as you get home or within two hours of being tattooed.
- Wash the tattoo gently with a fragrance free soap such as Dr. Bronner's or Dial.
- Rinse with cool water, pat dry and allow the tattoo to breathe for up to 30 minutes.
- Repeat cleaning if necessary (There might still be some pink fluids oozing).
- When clean and dry, apply a small amount of healing balm such as A&D Tattoo Ointment or Neosporin 2-3 times a day until the tattoo starts to peel (Usually days 3-5).
- PEELING IS NORMAL. DO NOT PICK AT THE TATTOO. EVER!!!!!!!!!!!!!!
- Switch to a Fragrance Free lotion or coconut oil to moisten and use as needed. Keep the tattoo clean and moistened until healed (usually 2-3 weeks).

With Saniderm:

- Leave on Saniderm overnight after getting your tattoo.
- If the Saniderm appears to still be dry in the morning, it can be left on for up to 3 days.
- If it is full of fluids, ink or your tattoo appears very blurry the next day peel off slowly in a hot shower.
- If there is any uncomfortable redness or itchiness remove Saniderm asap.
- Clean and follow directions as above until the tattoo is healed.

Enjoy your new work of art, show it off with pride and please make referrals!!!